

SIMON & SCHUSTER AUSTRALIA



September 2026 MBS

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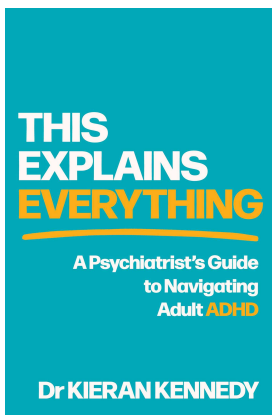
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All orders to HEDS
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Order Cut-Off Date: 22/07/2026 In-Store Date: 01/09/2026
All titles except Indent are SOR for 12 months from invoice date.



This Explains Everything: A Psychiatrist's Guide to Navigating Adult ADHD
Kennedy, Kieran
The clear, compassionate, and practical guide for anyone navigating the early stages of an adult ADHD diagnosis.



ANZ Original Trade Non Fiction | TPB
S&S SELF-HELP | 234 x 153 mm | 304 pp.



9 781761 823893 | 9781761823893 | 36.99 AUD | 41.99 NZD



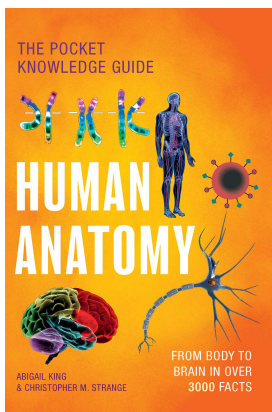
Better Man: Reclaiming masculinity for good
Vasiliou, Ben
A practical guide to foster healthy masculinity, Better Man is the book parents, educators and boys, need – from the CEO of The Man Cave.



ANZ Original Trade Non Fiction | TPB
S&S SELF-HELP | 234 X 153 mm | 352 pp.



9 781761 638497 | 9781761638497 | 36.99 AUD | 41.99 NZD



Human Anatomy: From Body to Brain in over 3000 facts
King, Abigail
An accessible, illustrated guide to human anatomy

S&S MELBOURNE UNIVERSITY PUBLISHING | NSH
S&S SCIENCE | 204 X 148 mm | 224 pp.



9 780522 882896 | 9780522882896 | 29.99 AUD | 35.00 NZD



Seasons of the Witch: Samhain Oracle DELUXE EDITION: Harness the intuitive power of the year's most magical night
Anderson, Lorriane
Harness the intuitive power of the year's most magical night, Samhain, with this deluxe, fully-expanded 60-card oracle deck. Includes 5 Altar postcards and stand!

Perfect for Halloween



S&S ROCKPOOL PUBLISHING | SLI
S&S MIND BODY SPIRIT | 180 X 138 mm | 184 pp.



9 781922 468376 | 9781922468376 | 59.99 AUD | 69.99 NZD





Wild Earth Tarot: Harvest the wisdom of nature
Curi, Coni
 Slow down, listen, and discover new layers of meaning in every card.



S&S ROCKPOOL PUBLISHING | SLI
 S&S MIND BODY SPIRIT | 120 X 70 mm | 144 pp.



9 781922 468185 | 9781922468185 | 32.99 AUD | 37.99 NZD



Nature Goddess Oracle: Protectors of the Planet
Demarco, Stacey
 Receive intuitive guidance from the goddesses of nature, with this beautiful nature oracle.

author from Sydney



S&S ROCKPOOL PUBLISHING | SLI
 S&S MIND BODY SPIRIT | 128 X 90 mm | 160 pp.



9 781922 468383 | 9781922468383 | 34.99 AUD | 39.99 NZD



Rise of the Witch Oracle: Guidance from the Pendle Witches
Stone, Claire
 Unleash your inner magic with this 44-card oracle deck explores the legacy of the Lancashire Pendle witches through divination rooted in the rich history of the trials.

Perfect for Halloween



S&S ROCKPOOL PUBLISHING | SLI
 S&S MIND BODY SPIRIT | 140 X 104 mm | 128 pp.



9 781923 208995 | 9781923208995 | 34.99 AUD | 39.99 NZD



Witch's Magickal Spellbook: Transform common plants into tools for love, luck and renewal
Moon, Priestess
 Create your own special spellbook full of charms, spells and potions - with stickers, pockets, journaling pages and more!

author from WA
 Perfect for Halloween



S&S ROCKPOOL PUBLISHING | NSP
 S&S MIND BODY SPIRIT | 231 X 181 mm | 224 pp.



9 781923 208988 | 9781923208988 | 34.99 AUD | 39.99 NZD



Practical Magick: Guidance, tools, spells
Cahill, Hazel
 A gentle and accessible introduction to paganism and magickal practices for those who are beginning their spiritual journey.

Part of Essential MBS Books



S&S ROCKPOOL PUBLISHING | CHB
 S&S MIND BODY SPIRIT | 182 X 126 mm | 240 pp.



9 781923 208957 | 9781923208957 | 19.99 AUD | 22.99 NZD



Spirit Magic: Rituals, exercises, connection
Shadow, Sirian
 A straightforward and hands-on guide with step-by-step instructions, tips, and techniques to connect with spirits.

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S&S ROCKPOOL PUBLISHING | CHB
 S&S MIND BODY SPIRIT | 182 X 126 mm | 224 pp.



9 781922 468055 | 9781922468055 | 19.99 AUD | 22.99 NZD



Spirit World: Guides, ancestors, entities
Shadow, Sirian
 Invisible energies and how to work with them - an easy-to-understand introduction to spirits and their world.

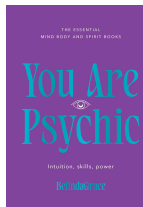
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S&S ROCKPOOL PUBLISHING | NSH
 S&S MIND BODY SPIRIT | 190 X 135 mm | 224 pp.



9 781922 468413 | 9781922468413 | 19.99 AUD | 22.99 NZD



You Are Psychic
BelindaGrace
 Discover your inner seer and connect with your true destiny.

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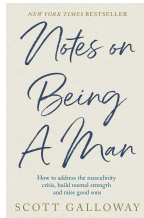


S&S ROCKPOOL PUBLISHING | NSH
 S&S MIND BODY SPIRIT | 189 X 133 mm | 224 pp.



9 781922 468130 | 9781922468130 | 19.99 AUD | 22.99 NZD



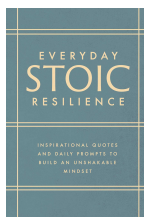


Notes on Being a Man: The bestselling manual for modern masculinity from the world-famous podcaster and author
Galloway, Scott
 Businessman, author, professor, and podcaster Scott Galloway offers a path forward for men and parents of boys.

S&S UK MMKT NF | BPB
 S&S SELF-HELP | 198 X 130 mm | 304 pp.



9781398554597 | 24.99 AUD | 28.99 NZD



Everyday Stoic Resilience: Inspirational Quotes and Daily Prompts to Build an Unshakable Mindset
Aurelius, Marcus
 Turn ancient wisdom into modern-day tools for success!

S&S SOUND WISDOM | B+P
 S&S SELF-HELP | 216 X 140 mm | 192 pp.



9781640957442 | 26.99 AUD | 30.99 NZD



The Jungian Shadow Work Journal: Daily Reflections to Confront, Understand, and Discover Your True Self
Jung, Carl
 Face the hidden parts of yourself and discover another level of potential growth.

S&S SOUND WISDOM | B+P
 S&S SELF-HELP | 216 X 140 mm | 192 pp.



9781640957305 | 26.99 AUD | 30.99 NZD

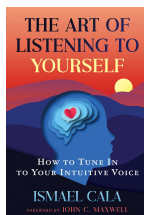


You Can Win Now, If You Know How: Simple Principles for Life-Changing Success
Jolley, Willie, Dr.
 Simple Principles for Life-Changing Success—From A to Z

S&S SOUND WISDOM | B+P
 S&S SELF-HELP | 216 X 140 mm | 208 pp.



9781640956841 | 29.99 AUD | 34.99 NZD

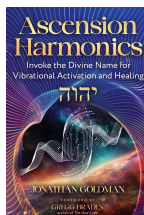


The Art of Listening to Yourself: How to Tune In to Your Intuitive Voice
Cala, Ismael
 Silence your inner critic and discover your inner wisdom

Inner Traditions | TPB
 S&S SELF-HELP | 229 X 152 mm | 320 pp.



979888504635 | 32.99 AUD | 34.99 NZD

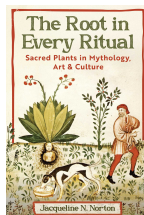


Ascension Harmonics: Invoke the Divine Name for Vibrational Activation and Healing
Goldman, Jonathan
 Sacred resonance for healing and higher consciousness by intoning the Divine Name

Inner Traditions | TPB
 S&S MIND BODY SPIRIT | 229 X 152 mm | 240 pp.



9798888502679 | 32.99 AUD | 34.99 NZD



The Root in Every Ritual: Sacred Plants in Mythology, Art, and Culture
Norton, Jacqueline N.
 The role of plants in our physical and spiritual transformation

Inner Traditions | TPB
 S&S HEALTH & FITNESS | 229 X 152 mm | 384 pp.



979888503928 | 49.99 AUD | 52.99 NZD



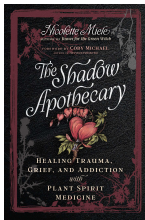
Secret Wisdom of the Goth Oracle: A 25-Card Deck and Guidebook
Pennick, Nigel
 Using the Gothic alphabet for runic divination

Inner Traditions | SLI
 S&S MIND BODY SPIRIT | 140 X 102 mm | 160 pp.



9798888501597 | 32.99 AUD | 34.99 NZD





The Shadow Apothecary: Healing Trauma, Grief, and Addiction with Plant Spirit Medicine

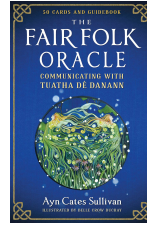
Miele, Nicolette

A guide to shadow work with herbs

Inner Traditions | TPB
S&S MIND BODY SPIRIT | 229 X 152 mm | 288 pp.



978888503218 | 36.99 AUD | 39.99 NZD



The Fair Folk Oracle: Communicating with Tuatha De Danann

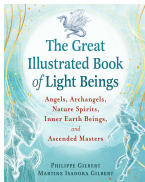
Sullivan, Ayn Cates

Inviting you into a co-creative relationship with the Otherworld

Inner Traditions | SLI
S&S MIND BODY SPIRIT | 171 X 127 mm | 240 pp.



978888504475 | 39.99 AUD | 42.99 NZD



The Great Illustrated Book of Light Beings: Angels, Archangels, Nature Spirits, Inner Earth Beings, and Ascended Masters

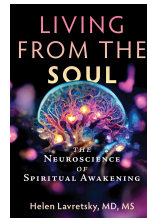
Gilbert, Philippe

A comprehensive overview of the subtle beings of the universe

Inner Traditions | NSP
S&S MIND BODY SPIRIT | 254 X 203 mm | 336 pp.



978888504802 | 49.99 AUD | 52.99 NZD



Living from the Soul: The Neuroscience of Spiritual Awakening

Lavretsky, Helen

Using science to know and embody your Soul for optimal health

Inner Traditions | TPB
S&S SELF-HELP | 229 X 152 mm | 328 pp.



978888503133 | 39.99 AUD | 42.99 NZD



Psychedelics and the Counterculture of Aging

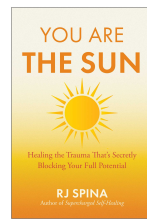
Rosner, Abbie

How psychedelics can transform old age into the most meaningful and joyous time of life

Inner Traditions | TPB
S&S MIND BODY SPIRIT | 229 X 152 mm | 192 pp.



978888503560 | 32.99 AUD | 34.99 NZD



You Are the Sun: Healing the Trauma That's Secretly Blocking Your Full Potential

Spina, RJ

From the world's leading authority on metaphysics, whose message has transformed millions of lives worldwide, comes the ultimate guide for self-healing in the aftermath of narcissistic abuse

S&S BenBella Books | BPB
S&S MIND BODY SPIRIT | 210 X 140 mm | 200 pp.



978902680253 | 32.99 AUD | 37.99 NZD



Practical Magic: The Motion Picture: The Official Tarot Deck and Guidebook

Siegel, Minerva

Follow the wisdom of the Owens sisters with this beautifully illustrated tarot deck inspired by Practical Magic and Practical Magic 2!

S&S INSIGHT EDITIONS | SLI
S&S MIND BODY SPIRIT | 99 X 148 mm | 128 pp.



9788337405698 | 49.99 AUD | 59.99 NZD

