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May 2024
Mind Body Spirit

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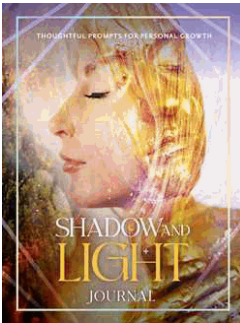
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A celebration of abundance, light, growth and joy. Seasons of the Witch—Litha Oracle is here to help you rediscover your soul's natural wealth so you can awaken your ability to manifest more of your heart's desires.

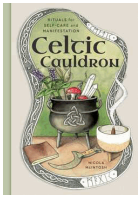
Rockpool Publishing | S&S ROCKPOOL PUBLISHING | Flashcards
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Celtic Cauldron

McIntosh, Nicola

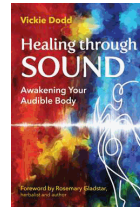
Using the cauldron for ritual, creation and manifestation. The cauldron has always been a symbol of magick and creation and played an integral role in Celtic history. Aptly known as the vessel of manifestation or creation, what we put into it creates something new.

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9781922785701 32.99 AUD | 37.99 NZD



Healing through Sound

Dodd, Vickie

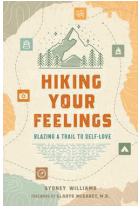
Heal and align the body layer by layer through sound healing. You are made of sound. By listening deeply, you can hear the rhythms and stories of the audible body. With the power of the voice, you can heal the body layer by layer, awakening your cells while releasing long-held tensions, stress, and emotional trauma.

Inner Traditions | S&S FINDHORN PRESS | Paperback
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ISBN 979-888550031-6



9798885500316 29.99 AUD | 32.99 NZD



Hiking Your Feelings

Williams, Sydney

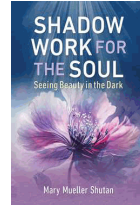
Turn your pain into power. Part inspirational memoir, part practical guide, *Hiking Your Feelings* offers a toolkit to unpack your "trauma pack" and step into the best version of yourself.

Insight Editions | S&S MANDALA | Paperback S&S
MIND BODY SPIRIT | 215 x 139 mm | 288 pp.

ISBN 979-888762084-8



9798887620848 35.00 AUD | 39.99 NZD



Shadow Work for the Soul

Shutan, Mary Mueller

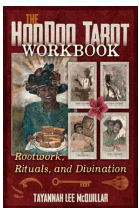
A comprehensive guide to identifying and reclaiming your shadow. In this practical and trauma-informed guide to deep shadow work, Mary Mueller Shutan explains how to find compassion for your dark side, reconnect with the repressed and abandoned parts of yourself, and reclaim the resiliency and joy of your authentic, whole self.

Inner Traditions | S&S FINDHORN PRESS | Paperback
S&S MIND BODY SPIRIT | 228 x 152 mm | 288 pp.

ISBN 979-888550014-9



9798885500149 32.99 AUD | 34.99 NZD



The Hoodoo Tarot Workbook

McQuillar, Tayannah Lee

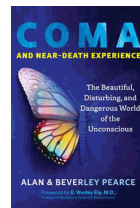
In this Hoodoo and divination workbook, Tayannah Lee McQuillar presents a deeper understanding of the concepts, themes, and symbology featured in her bestselling *Hoodoo Tarot card deck* alongside rituals, botanical knowledge, and advanced practices for working with the cards.

Inner Traditions | S&S DESTINY BOOKS | Paperback
S&S MIND BODY SPIRIT | 228 x 152 mm | 192 pp.

ISBN 978-164411633-3



9781644116333 32.99 AUD | 34.99 NZD



Coma and Near-Death Experience

Pearce, Alan

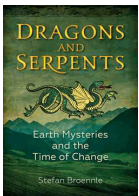
Every day around the world, thousands of people are placed in medically-induced comas. For some coma survivors, the experience is an utter blank. Others lay paralyzed, aware of everything around them but unable to move, speak, or even blink.

Inner Traditions | S&S PARK STREET PRESS | Paperback
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ISBN 978-164411921-1



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Dragons and Serpents

Broennle, Stefan

Explores the importance of dragon and serpent energies and symbols from prehistory to the present around the world

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The Dragon Riders Oracle

Fader, Christine Arana

An oracle deck with wisdom from dragons and their wise dragon riders

Inner Traditions | S&S EARTHDANCER | Flashcards
S&S MIND BODY SPIRIT | 139 x 101 mm | 112 pp.

ISBN 978-164411999-0



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