

# SIMON & SCHUSTER AUSTRALIA



SIMON &  
SCHUSTER  
AUSTRALIA

July 2026 Non-Fiction

## INVOICE TO

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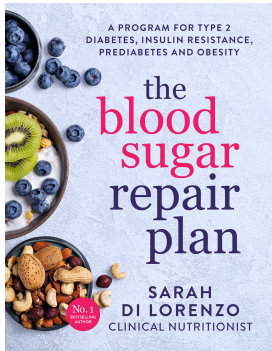
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### Trade Orders and Enquiries

All orders to HEDS  
Tel: 1300 551 721 (AUS customers)  
Tel: 0800 766 569 (NZ customers)  
E: orders@harpercollins.com.au

Media Requests and PR Review Copies  
publicity@simonandschuster.com.au

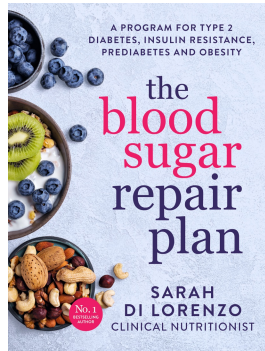
Order Cut-Off Date: 27/05/2026 In-Store Date: 30/06/2026  
All titles except Indent are SOR for 12 months from invoice date.



### The Blood Sugar Repair Plan: A program for type 2 diabetes, insulin resistance, prediabetes and obesity

Di Lorenzo, Sarah

Superstar nutritionist Sarah di Lorenzo's complete plan to prevent, manage, and even reverse high blood sugar and type 2 diabetes naturally through the power of food, science and self-care.



### Blood Sugar Repair Plan Recipe Cards (20)

Di Lorenzo, Lorenzo, Sarah

Contains: 1 x Blood Sugar Repair Plan Recipe Cards (20 Pack)

ANZ Original Trade Non Fiction | TPB  
S&S HEALTH & FITNESS | 234 X 153 mm | 256 pp.



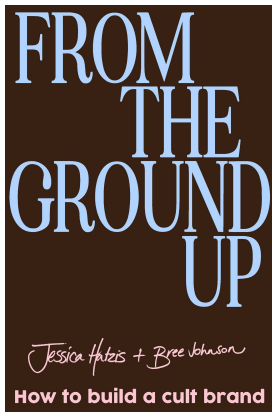
9 781761 423925 | 9781761423925 | 39.99 AUD | 46.99 NZD



ANZ Original Trade Non Fiction | POS  
S&S HEALTH & FITNESS | 210 X 147 mm | 0 pp.



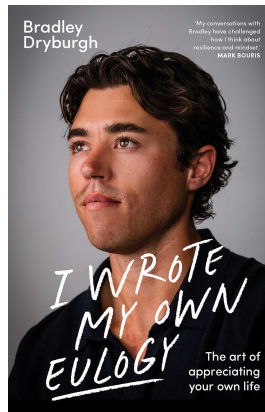
9 781761 827266 | 9781761827266 | 0.00 AUD | 0.00 NZD



### From the Ground Up

Hatzis, Jessica

THE bible for anyone looking to build a brand from scratch, from the co-founders of global success frank body.



### I Wrote My Own Eulogy: The art of appreciating your own life

Dryburgh, Bradley

What if you sat down and wrote your own eulogy while you were still alive?

S&S AFFIRM TRADE NON FICTION | TPB  
S&S GENERAL NON FICTION | 234 x 153 mm | 288 pp.



9 781923 293953 | 9781923293953 | 36.99 AUD | 38.99 NZD



ANZ Original Trade Non Fiction | TPB  
S&S BIOGRAPHY | 234 X 153 mm | 304 pp.



9 781761 637926 | 9781761637926 | 34.99 AUD | 39.99 NZD





**Hunting Elly's Killer: A father's relentless hunt for justice**

*Warren, Paul*

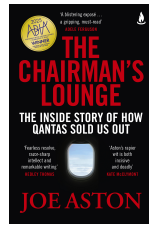
An Aussie father's relentless quest for justice after his daughter's mysterious death in Mozambique exposes a web of silence, failure, and enduring love.



ANZ Original Trade Non Fiction | TPB  
S&S TRUE CRIME | 234 X 153 mm | 304 pp.



9781761636486 | 36.99 AUD | 41.99 NZD



**The Chairman's Lounge**

*Aston, Joe*

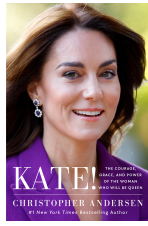
From the must-read journalist on how power, money and influence work in this country, the full story of how one of the nation's favourite brands brought itself to ground.



ANZ Original MM NF | BPB  
S&S GENERAL NON FICTION | 198 X 128 mm | 368 pp.



9781761632945 | 26.99 AUD | 30.99 NZD



**Kate!: The Courage, Grace, and Power of the Woman Who Will Be Queen**

*Andersen, Christopher*

The definitive portrait of Kate Middleton, the beloved and private Princess of Wales, tracing her rise from "commoner" to queen-in-waiting, with all the scandals and challenges along the way, from #1 New York Times bestselling royal biographer Christopher Andersen, author of Brothers and Wives and Game of Crowns



S&S US TRADE | TPB  
S&S BIOGRAPHY | 229 X 152 mm | 336 pp.



9781668260821 | 36.99 AUD | 41.99 NZD



**Set Sail: The Art and Making of One Piece**

*Avila, Mike*

Embark on a journey to discover how the Straw Hat Pirates were brought to life in Netflix's One Piece live-action adaptation.

**Not included in Viz packs**



S&S VIZ MEDIA | NSH  
GRAPHIC NOVEL: MANGA | 279 X 235 mm | 208 pp.



9781974760916 | 58.00 AUD | 68.00 NZD



**The Atomic Habits Daily Calendar: 365 Powerful Ideas for a Better Year**

*Clear, James*

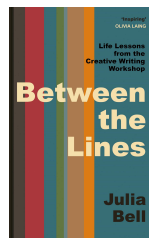
Powerful ideas for each day of the year from the author of the #1 worldwide bestseller, Atomic Habits.



S&S Authors Equity | CAL  
S&S PERSONAL DEVELOPMENT | 102 X 127 mm | 366 pp.



9798893311419 | 34.99 AUD | 39.99 NZD



**Between the Lines: Life Lessons from the Creative Writing Workshop**

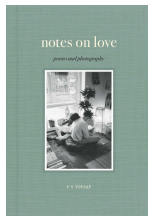
*Bell, Julia*

An expert insight into the transformative power of storytelling, together with practical advice on how to make your writing come alive.

S&S UK TRADE FICTION | CHB  
S&S EDUCATION | 216 x 135 mm | 320 pp.



9781398546639 | 39.99 AUD | 45.00 NZD



**Notes on Love: Poems and Photography**

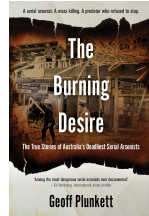
*Yousaf, F.S.*

Every heart longs to love and be loved. In Notes on Love, F.S. Yousaf pairs heartfelt poems with stunning street photography, celebrating the beauty and tenderness of everyday human connection.

ANDREWS MCM PUB | CHB  
POETRY | 235 X 159 mm | 192 pp.



9798881605377 | 39.99 AUD | 46.99 NZD



**The Burning Desire: The True Stories of Australia's Deadliest Serial Arsonists**

*Plunkett, Geoff*

A serial arsonist turned mass murderer, Gregory Brown lit hundreds of fires across Australia, many in occupied buildings. Experts place him among the most dangerous arsonists in history. His crimes escalated into predation and deception, exposing fire as a weapon — and the justice failures that let him keep killing.

**Based- Berowra Heights NSW**

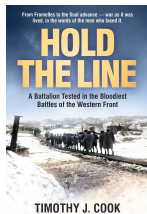


S&S Big Sky | TPB  
S&S TRUE CRIME | 234 x 135 mm | 368 pp.



9781923514805 | 36.99 AUD | 41.99 NZD





**Hold the Line: A Battalion Tested in the Bloodiest Battles of the Western Front**

*Cook, Tim*

Hold the Line tells the gripping true story of Australia's 55th Battalion on the Western Front. Drawn from firsthand accounts, it follows young soldiers through the bloodiest battles of the Great War — a vivid, human history of courage, loss, and endurance.



S&S Big Sky | TPB  
S&S MILITARY | 234 x 153 mm | 368 pp.



9781923514768 | 36.99 AUD | 41.99 NZD



**Hanged for Hitler: The True Story of Hitler's Spies, Karel Richter and Theodore Schurch.**

*Matthews, Tony*

In wartime London, espionage was not confined to the shadows. This compelling true story uncovers a Nazi spy network embedded in high society, a dangerous diplomatic insider, and a covert investigation whose outcome the authorities worked hard to keep out of public sight.

**Author Based - Hervey Bay, QLD**



S&S Big Sky | TPB  
S&S MILITARY | 234 x 153 mm | 384 pp.



9781923514744 | 36.99 AUD | 41.99 NZD



**Before I Forget: Memoirs of a Cold War Aviator**

*MacNeil, John*

What does it take to guide a crew through blacked-out skies and razor-tense patrols? In Before I Forget, a veteran RAAF navigator unpacks the danger, discipline and unexpected humour behind Australia's airborne frontline — a life lived where precision meant survival.



S&S Big Sky | TPB  
S&S MILITARY | 230 x 153 mm | 368 pp.



9781923514782 | 36.99 AUD | 41.99 NZD



**What's Been Broken Is All the More Sharp: A Doctor's Story of Sexual Assault, Survival, and Reclamation of Power**

*Yoo Young Dominique Lee*

Dr Dominique Lee is an oncologist and the first junior doctor to prosecute a senior professor for sexual assault. As the founder of HeyBoss!, she combines her clinical expertise with a commitment to physician wellbeing, offering a powerful roadmap for trauma recovery and institutional change.

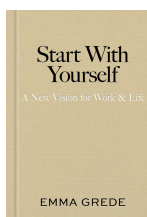
**Author Based - Brisbane QLD**



S&S DEAN PUBLISHING | TPB  
S&S GENERAL NON FICTION | 229 X 152 mm | 260 pp.



9781764372336 | 34.99 AUD | 39.99 NZD



**Start with Yourself**

*Grede, Emma*

START WITH YOURSELF is a game-changing, no-BS guide for anyone seeking meaningful success on their own terms. It's an essential framework that will give you the tools and mindset to unlock your full potential in life and business.

S&S UK TRADE NF | CHB  
S&S SELF-HELP | 234 X 153 mm | 320 pp.



9781398550940 | 49.99 AUD | 59.99 NZD



**Just F\*\*king Say It: The Ultimate Guide to Speaking with Confidence In Any Situation**

*Ashfield, Susie*

The first book from Britain's no.1 speech coach — the ultimate guide to speaking with confidence in any situation.

S&S ELLIOTT AND THOMPSON | BPB  
S&S SELF-HELP | 198 x 128 mm | 0 pp.



9781783968749 | 24.99 AUD | 28.99 NZD





### Nature Needs You: The Fight to Save Our Swifts

*Bourne-Taylor, Hannah*

The inspirational story of a bird lover who became an eco-warrior in a David v Goliath battle to save swifts from extinction.

S&S ELLIOTT AND THOMPSON | NSP  
S&S NATURE & ENVIRONMENT | 216 X 138 mm | 320 pp.



9781783968701 | 24.99 AUD | 28.99 NZD



### Inside the Mind of Myra Hindley: The Moors Murderer

*Farber, Tanya*

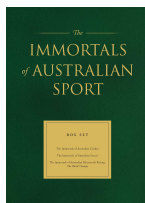
A definitive exploration of Myra Hindley's motivations, the dark dynamics of the Moors Murders and the haunting question of her manipulation by Ian Brady.



S&S Gemini Books | BPB  
S&S TRUE CRIME | 198 X 128 mm | 240 pp.



9781802473797 | 22.99 AUD | 27.99 NZD



### The Immortals of Australian Sport Box Set

*Flack, Darryl*

This slipcased collection brings together Immortals from three top Australian sports in a beautiful gift edition.



S&S GELDING STREET PRESS | SLI  
S&S SPORT | 270 X 194 mm | 0 pp.



9781922468604 | 45.00 AUD | 52.99 NZD



### Immortals of Australian Sport box set

*Radbourne, Lucas*

This slipcased collection brings together Immortals from three top Australian sports in a beautiful gift edition.

#### Relist



S&S GELDING STREET PRESS | SLI  
S&S SPORT | 272 X 195 mm | 0 pp.



9781922662217 | 45.00 AUD | 52.99 NZD



### Mocktails & Canapes Step by Step: An Easy Guide

*Rockpool Publishing*

100 alcohol-free mocktails and canapes to whip up in a flash - just follow the pictures!

#### Gelding St. Drinks Series



S&S GELDING STREET PRESS | NSH  
S&S COOKERY | 240 X 197 mm | 224 pp.



9781922662378 | 39.99 AUD | 46.99 NZD



### Whisky & Cocktails

*Wüst, Mick*

Featuring more than 200 quirky and eye-catching illustrations and written by award-winning drinks writer Mick Wüst, this easy-to-follow book is your passport to navigating the swirling seas of whisky, from bourbon to scotch and beyond.

#### Gelding St. Drinks Series



S&S GELDING STREET PRESS | NSH  
S&S COOKERY | 232 X 190 mm | 224 pp.



9781922662286 | 39.99 AUD | 46.99 NZD



### Cocktails and Canapes Step by Step: An Easy Guide

*Rockpool*

Because making cocktails and canapes should never be a headache, discover over 100 classic or original cocktail recipes and 40 canapes to make – fuss-free and step by step!

#### Relist-Gelding St. Drinks Series

S&S GELDING STREET PRESS | CHB  
S&S FOOD & WINE | 241 X 197 mm | 320 pp.



9780645207156 | 39.99 AUD | 46.99 NZD



### The Seasonal Pantry: 75 Recipes to Waste Less and Enjoy More

*Castel, Benoit*

"Introduces an appealing repertoire of fresh, colorful, zero-waste homemade dishes...combines organic garden produce with a sustainable perspective." —Foreword Reviews 75 recipes cover a range of seasonal dishes as well as pantry essentials for eating all year round and avoiding any kind of waste.

#### New Distro Client

S&S Tra Publishing | NSH  
S&S COOKERY | 255 X 190 mm | 220 pp.




9781962098373 | 49.99 AUD | 55.00 NZD




**AUSTRALIA FAIR?**  
**DEMOCRACY, BUREAUCRACY & THE MAKING OF MODERN AUSTRALIA**  
 James Walter and Caroleyn Holbrook

**Australia Fair?: Democracy, bureaucracy and the making of modern Australia**  
*Walter, James*  
 How policy shapes politics for a better Australia


**Author Based - Melbourne VIC**




S&S MELBOURNE UNIVERSITY PUBLISHING | TPB  
 S&S POLITICS & CURRENT AFFAIRS | 234 x 153 mm | 400 pp.

 9 780522 882148 | 9780522882148 | 39.99 AUD | 46.99 NZD

**A TIGHT GRIP: State Power and Control in Modern China**  
*Tsai, Wen-Hsuan*  
 Discover the strategies of political terror and ideological control that underpin regime survival in modern-day China




S&S MELBOURNE UNIVERSITY PUBLISHING | TPB  
 S&S POLITICS & CURRENT AFFAIRS | 234 x 153 mm | 304 pp.


 9 780522 882636 | 9780522882636 | 32.99 AUD | 37.99 NZD

**THE TWILIGHT OF EXCEPTIONALISM: The Liberal and Conservative Era**  
*Kelly, Paul*  
 After 12 years, Kelly returns with another incisive assessment of modern Australian politics

**Author Based - Sydney NSW**



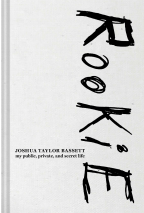
S&S MELBOURNE UNIVERSITY PUBLISHING | CHB  
 S&S POLITICS & CURRENT AFFAIRS | 234 x 153 mm | 764 pp.


 9 780522 869125 | 9780522869125 | 100.00 AUD | 110.00 NZD

**Rookie: My Public, Private, and Secret Life**  
*Bassett, Joshua*  
 A love letter to the rookie in all of us: Singer-actor Joshua Bassett's fearless memoir in verse about surviving the darkest moments of fame, addiction, and mental health struggles—and finding hope on the other side.

**NEW ISBN**

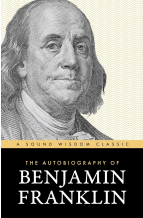
S&S Authors Equity | CHB  
 S&S BIOGRAPHY | 213 X 143 mm | 240 pp.




 9 798893 311846 | 9798893311846 | 42.99 AUD | 49.99 NZD

**The Autobiography of Benjamin Franklin: The Classic Edition: Timeless Lessons on Virtue, Wealth, and Success from a Founding Father**  
*Franklin, Benjamin*  
 Benjamin Franklin's Autobiography is the blueprint for self-made success. Penned between 1771 and 1790, this unfinished memoir lays bare the journey of an ambitious printer's son who used grit, curiosity, and moral rigor to become a scientist, inventor, diplomat, and one of America's greatest statesmen.

S&S SOUND WISDOM | B+P  
 S&S BIOGRAPHY | 216 X 140 mm | 256 pp.



 9 781640 957022 | 9781640957022 | 29.99 AUD | 34.99 NZD

**Like, Follow, Subscribe: Influencer Kids and the Cost of a Childhood Online**  
*Latifi, Fortesa*  
 A searing investigation into the child influencer industry and the perils of childhood internet fame, Like, Follow, Subscribe is essential reading for anyone seeking to understand the costs of internet fame, and the ethics of online content.



S&S US TRADE | CHB  
 S&S SOCIAL SCIENCE | 229 X 152 mm | 288 pp.



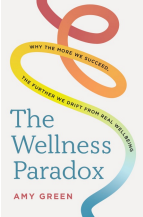
 9 781668 080504 | 9781668080504 | 49.99 AUD | 59.99 NZD


**The Wellness Paradox: Why the more we succeed, the further we drift from real wellbeing**  
*Green, Amy*  
 Grounded in real stories, research, and reflection, discover how to rethink what living and working well actually means and how to create a life that feels good, not just looks good.

**Author Based - Moreton Bay - QLD**



S&S Major Street Publishing | B+P  
 S&S SELF-HELP | 210 X 135 mm | 208 pp.




 9 781923 186477 | 9781923186477 | 34.99 AUD | 39.99 NZD


**Seen Again: Light on Matrescence**  
*Bensch, Benita*  
 Seen Again: Light on Matrescence is a contemporary teaching guide and part memoir by Benita Bensch designed to support women through the profound transition into motherhood. The book focuses on matrescence, the biological and psychological process of becoming a mother, which often leaves women feeling invisible or disconnected from their former selves.

**Author Based - Moama NSW**

S&S The Kind Press | TPB  
 S&S PERSONAL DEVELOPMENT | 234 X 153 mm | 288 pp.



 9 781764 207454 | 9781764207454 | 36.99 AUD | 38.00 NZD



**The Kind Way: The Life-Changing Metric for Leadership, Success and the Human Spirit**

*Bretag, Sophie*

The Kind Way: The Life-Changing Metric for Leadership, Success and the Human Spirit introduces the KINDHUMAN Quotient™ as the measurable metric that turns kindness into a practical leadership and wellbeing advantage, for workplace change-makers and personal transformation readers alike (think Brené Brown and Mel Robbins, with a framework that's unmistakably her own).

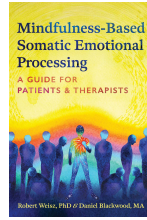
**Author Based - Adelaide SA**



S&S The Kind Press | TPB  
S&S SELF-HELP | 234 X 153 mm | 230 pp.



9781764207492 | 34.99 AUD | 38.00 NZD



**Mindfulness-Based Somatic Emotional Processing: A Guide for Patients and Therapists**

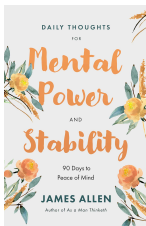
*Weisz, Robert*

A guide for working with emotions and unprocessed traumas

Inner Traditions | TPB  
S&S SELF-HELP | 229 X 152 mm | 272 pp.



9798888503669 | 52.99 AUD | 56.99 NZD



**Daily Thoughts for Mental Power and Stability: 90 Days to Peace of Mind**

*Allen, James*

Take the first step into a transformative journey toward inner peace and mental strength with Daily Thoughts for Mental Power and Stability: 90 Days to Peace of Mind by the renowned philosopher James Allen.

S&S SOUND WISDOM | B+P  
S&S SELF-HELP | 216 X 140 mm | 192 pp.



9781640955936 | 30.99 AUD | 0.00 NZD



**The Missing Peace In Leadership: Reclaiming Connection and Purpose in a World of Distraction**

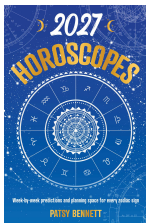
*Scott, Cree*

In today's world of endless demands, even the most successful leaders often feel disconnected—from themselves, their teams, and their purpose.

S&S SOUND WISDOM | B+P  
S&S SELF-HELP | 216 X 140 mm | 208 pp.



9781640957060 | 0.00 AUD | 34.99 NZD



**2027 Horoscopes Planner Calendar**

*Bennett, Patsy*

Make 2027 your best year yet with this comprehensive horoscope guide! Discover what the stars have in store with weekly predictions for each zodiac sign by award-winning author and astrologer Patsy Bennett.



S&S ROCKPOOL PUBLISHING | BPB  
S&S MIND BODY SPIRIT | 130 X 198 mm | 320 pp.



9781922468161 | 27.99 AUD | 32.99 NZD



**Qajar Oracle: A Persian miniatures card deck**

*Mundi, Nova*

Unveil the art of connection: discover personality and relationships through the lens of Persian miniatures in this 44-card deck.

S&S ROCKPOOL PUBLISHING | SLI  
S&S MIND BODY SPIRIT | 128 X 90 mm | 128 pp.



9781923208612 | 34.99 AUD | 39.99 NZD



**The Enchanted Tarot: 35th Anniversary Edition**

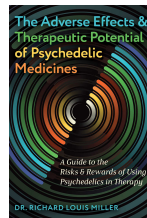
*Farber, Monte*

A stunning, updated edition of Amy Zerner and Monte Farber's bestselling Enchanted Tarot, this timeless deck features beautiful, vibrant artwork and invites you into a world of magical self-discovery.

S&S INSIGHT EDITIONS | SLI  
S&S MIND BODY SPIRIT | 171 X 133 mm | 232 pp.



9798887621760 | 59.99 AUD | 69.99 NZD



**The Adverse Effects and Therapeutic Potential of Psychedelic Medicines: A Guide to the Risks and Rewards of Using Psychedelics in Therapy**

*Miller, Richard Louis, Dr.*

A guide to informed and responsible psychedelic use

Inner Traditions | CHB  
S&S MIND BODY SPIRIT | 229 X 152 mm | 256 pp.



9798888500781 | 52.99 AUD | 56.99 NZD



 <p><b>Aliens and the Near-Death Experience</b> <i>Atwater, P. M. H., L.H.D.</i> Presents the link between near-death experiences and extraterrestrial encounters</p> <p>Inner Traditions   TPB S&amp;S MIND BODY SPIRIT   229 X 152 mm   208 pp.</p>  <p>9 781591 435501   9781591435501   29.99 AUD   32.99 NZD</p> <input type="checkbox"/>	 <p><b>Thiaoouba Prophecy: A True Story of Travel through Time and Space to the Golden Planet</b> <i>Desmarquet, Michel</i> An extraterrestrial revelation of Earth's history and mysteries</p> <p>Inner Traditions   TPB S&amp;S MIND BODY SPIRIT   229 X 152 mm   256 pp.</p>  <p>9 781591 435631   9781591435631   39.99 AUD   42.99 NZD</p> <input type="checkbox"/>
 <p><b>Love Philtres: The Magic Materiae of Witches, Cunning Folk, Druids, and Conjurers</b> <i>Hughes, Jon G.</i> A guide to the history and practical use of love magic</p> <p>Inner Traditions   CHB S&amp;S MIND BODY SPIRIT   229 X 152 mm   288 pp.</p>  <p>9 798888 501696   9798888501696   52.99 AUD   56.99 NZD</p> <input type="checkbox"/>	 <p><b>Runes and the Gods Oracle: 50 Cards and Guidebook</b> <i>Selene</i> A divination deck inspired by Norse lore</p> <p>Inner Traditions   SLI S&amp;S MIND BODY SPIRIT   171 X 127 mm   240 pp.</p>  <p>9 798888 503744   9798888503744   39.99 AUD   42.99 NZD</p> <input type="checkbox"/>
 <p><b>Awakening the Pineal Gland: Cellular Rejuvenation through Light and Sound</b> <i>Pinelli, Roberto</i> Techniques to awaken the pineal gland for health, mental clarity, and longevity</p> <p>Inner Traditions   TPB S&amp;S MIND BODY SPIRIT   229 X 152 mm   216 pp.</p>  <p>9 798888 503980   9798888503980   36.99 AUD   39.99 NZD</p> <input type="checkbox"/>	 <p><b>Living Namaste: A Practical Guide to Mindfulness, Yoga, and Building Community</b> <i>Engels, Jeremy David</i> A practical guide to embodying the principles of "namaste" in everyday life</p> <p>Inner Traditions   NSP S&amp;S MIND BODY SPIRIT   184 X 127 mm   192 pp.</p>  <p>9 798888 503034   9798888503034   26.99 AUD   29.99 NZD</p> <input type="checkbox"/>
 <p><b>Supernatural Woman and the Male Initiate: Bonded through Dreams</b> <i>Millar, Angel</i> Spiritual transformation through sex with transcendent beings</p> <p>Inner Traditions   TPB S&amp;S MIND BODY SPIRIT   229 X 152 mm   192 pp.</p>  <p>9 798888 503621   9798888503621   32.99 AUD   34.99 NZD</p> <input type="checkbox"/>	 <p><b>Mini Tarot de Marseille</b> <i>Galkowski, Nicolas</i> A new deluxe miniature edition of the iconic Marseille Tarot</p> <p>Inner Traditions   SLI S&amp;S MIND BODY SPIRIT   110 X 76 mm   104 pp.</p>  <p>9 798888 504673   9798888504673   32.99 AUD   34.99 NZD</p> <input type="checkbox"/>

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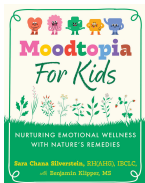
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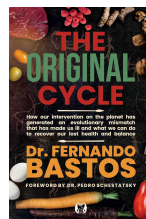
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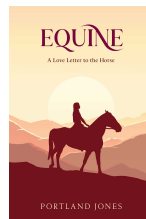
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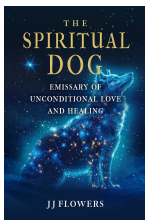
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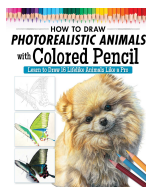


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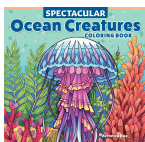


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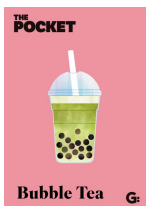
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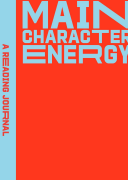
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